

WELCOME TO THE WORLD

FULL NAME	DATE OF BIRTH	TIME OF BIRTH	PLACE OF BIRTH
WEIGHT	LENGTH	EYE COLOR	HAIR COLOR
BORN AT HOW MANY WEEKS	DELIVERED BY	MOM'S DOCTOR	DAD / PARTNER

BIRTH STORY

NOTES

WHO WAS THERE

NOTES



MONTHLY MILESTONES — MONTHS 1–6

BUILD SHEET CO.

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First Year Memory Book — Build Sheet Co.

★ MONTH 1

WEIGHT	LENGTH	NEW SKILL / MILESTONE	FAVORITE THING THIS MONTH
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★ MONTH 2

WEIGHT	LENGTH	NEW SKILL / MILESTONE	FAVORITE THING THIS MONTH
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★ MONTH 3

WEIGHT	LENGTH	NEW SKILL / MILESTONE	FAVORITE THING THIS MONTH
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★ MONTH 4

WEIGHT	LENGTH	NEW SKILL / MILESTONE	FAVORITE THING THIS MONTH
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★ MONTH 5

WEIGHT	LENGTH	NEW SKILL / MILESTONE	FAVORITE THING THIS MONTH
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★ MONTH 6

WEIGHT	LENGTH	NEW SKILL / MILESTONE	FAVORITE THING THIS MONTH
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MONTHLY MILESTONES — MONTHS 7-12

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★ MONTH 7

WEIGHT

LENGTH

NEW SKILL / MILESTONE

FAVORITE THING THIS MONTH

★ MONTH 8

WEIGHT

LENGTH

NEW SKILL / MILESTONE

FAVORITE THING THIS MONTH

★ MONTH 9

WEIGHT

LENGTH

NEW SKILL / MILESTONE

FAVORITE THING THIS MONTH

★ MONTH 10

WEIGHT

LENGTH

NEW SKILL / MILESTONE

FAVORITE THING THIS MONTH

★ MONTH 11

WEIGHT

LENGTH

NEW SKILL / MILESTONE

FAVORITE THING THIS MONTH

★ MONTH 12

WEIGHT

LENGTH

NEW SKILL / MILESTONE

FAVORITE THING THIS MONTH



BABY'S FIRSTS

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FIRSTS TO REMEMBER

 **First Smile** Date: _____ Notes: _____

 **First Laugh** Date: _____ Notes: _____

 **First Word (write it!)** Date: _____ Notes: _____

 **First Solid Food** Date: _____ Notes: _____

 **First Tooth** Date: _____ Notes: _____

 **First Crawl** Date: _____ Notes: _____

 **First Pull-to-Stand** Date: _____ Notes: _____

 **First Steps** Date: _____ Notes: _____

 **First Birthday** Date: _____ Notes: _____

 **First Haircut** Date: _____ Notes: _____

 **First Trip / Vacation** Date: _____ Notes: _____

 **First Holiday** Date: _____ Notes: _____

FAVORITE MEMORIES



